

In this upload, we discuss the first two sections in Chapter 2 of my book, *Family Purity - A Guide To Marital Fulfillment*.

Summary:

Uterine Bleeding

The source of the laws of niddah. Specifically, A man that lies with a woman... as she has revealed the source of her blood (Leviticus 20:18).

- a) niddah blood is discharged from the womb.
- b) naturally, e.g. menstruation, spotting, physical exertion
- c) or 'not naturally,' e.g. some gynecological exams
- d) regardless of size

Niddah Before Marriage

The state of niddah applies even before marriage. So too do the other prohibitions such as physical contact, yichud etc.

There is no minimum age.