

# Immersion

## General

When the husband is present, immersing as soon as *halachically* permissible is\_\_\_\_\_.

- a. advisable
- b. a *mitzvah*

Immersion as soon as *halachically* permissible is just as important for couples who have already had children.

- a. true
- b. false

The night of immersion is a private matter best kept discreetly between husband and wife.

- a. true
- b. false

## Time

Immersion must be after\_\_\_\_\_.

- a. sunset
- b. nightfall

The community prayed the evening service early.

- a. Therefore, the wife may immerse before sunset.
- b. Nonetheless, the wife must immerse after nightfall.

## Immersion

A female supervisor at least\_\_\_\_\_years old is to be present.

- a. 12
- b. 14

The female supervisor is to ensure\_\_\_\_\_.

- a. proper cutting & cleaning of the nails, no intervening substances, unkotted hairs
- b. the above, and that the wife's entire body submerged simultaneously

### **Intention**

Ideally, immersion should be performed with intention, (*kavanah*).

- a. true
- b. false

### **Posture**

Need the feet be raised off the floor?

- a. yes
- b. no

During immersion, the hands should be\_\_\_\_\_.

- a. closed lightly
- b. open naturally

During immersion, the arms should be\_\_\_\_\_.

- a. lightly held close to the body
- b. extended somewhat from the body

During immersion, the legs should be\_\_\_\_\_.

- a. together
- b. naturally open

### **Blessing**

The blessing is recited when immersing to remove the impure state caused by\_\_\_\_\_.

- a. menstruation or staining
- b. the above, and hymenal bleeding or birth

A bride, immersing for the first time,\_\_\_\_\_.

- a. says the blessing '*shehechyonu*'
- b. does not say the blessing '*shehechyonu*'

Ideally, the immersion should be performed\_\_\_\_\_.

- a. quickly
- b. slowly and intentionally

### **Squinting Eyes**

The eyes\_\_\_\_\_.

- a. should be kept open, naturally
- b. should be kept closed, naturally

If the wife squinted her eyes while immersing, should she immerse again?

- a. yes
- b. no

The wife squinted her eyes while immersing. She can not immerse again. Is her immersion valid?

- a. yes
- b. No, she must immerse again.

### **Tightly Held Fists**

1. The wife held a tight fist from before and throughout her immersion. Is her immersion valid?
  - a. Yes, since water can nonetheless enter into her fist.
  - b. no
2. After leaving the *mikveh*, should the wife rethink her immersion searching for possible mistakes she may have done, e.g. squinting her eyes, or pursing her lips excessively?
  - a. yes
  - b. no

### **After Immersion**

3. When the wife is leaving the water, the 'Mikveh-lady' \_\_\_\_\_.
  - a. touches her
  - b. tells her that her immersion was satisfactory
  
4. The wife left the *mikveh* water, the first thing she saw was an impure animal. What does she do?
  - a. Since her immersion was valid, seeing an impure animal does not detrimentally affect it.
  - b. She should immerse again, if possible.

### **Things To Be Cautious Of**

5. The wife stood on an object which receives spiritual impurity, while immersing. Is her immersion valid?
  - a. yes
  - b. no
  
6. The wife requires help immersing, e.g. for fear of immersing, or physical disability. How is this done?
  - a. A female friend may hold her from before the immersion throughout the immersion.
  - b. A female friend places her hand in the water, there keeping light contact with the immersing wife.